

MENOPAUSE

Let's talk about it!



Are you approaching, experiencing or post-menopause?

... Maybe you're not sure?

This group aims to provide support for women/men affected

Tell us what you need & how we can help you?

**Meeting to be held on Thursday 3rd August 2023.
at 7:15 pm**

**ICPC Health
Midmill Business Park
Tumulus Way
Kintore. AB51 0TG**

All are welcome!

For further details email Fiona at: chatmenopause@gmail.com